

In the event that you wish to follow up on references made during the recent LTF webinar on <u>Digital Media & Children</u> with guest presenter, Dr. Georgene Troseth, this document contains URLs and brief descriptions from those sites.



#### Sesame Street Productions

Your friends on Sesame Street are here to support you during the COVID-19 health crisis. We know that these are stressful times, and families everywhere are creating a new sense of normalcy. So our site is filled with content you can use to spark playful learning, offer children comfort, and focus a bit on yourself, too.

We hope our resources help your family play, learn, and breathe deeply together—and we'll keep adding more in days and weeks to come, including new messages from your Sesame Street pals. Stay tuned and sign up for our newsletter for more! #CaringForEachOther

https://www.sesamestreet.org/home https://www.sesamestreet.org/caring



<u>The Fred Rogers Productions</u> (Recently rebranded from Fred Rogers Company) Our mission is simple. Fred Rogers Productions builds on the legacy of Fred Rogers by creating quality children's media that models an enthusiasm for learning and earns the trust of parents and caregivers.

- We believe it's never too early for kids to discover the fun of following their curiosity, while they learn meaningful life skills along the way.
- We make shows, games, and apps that get kids involved, and make it fun for them to learn and grow.
- We work hard every day to earn the trust of the parents and caregivers whose children experience our content.
- We carry forward the pioneering spirit of Fred Rogers by exploring how new technology can reach and engage kids and families.

https://www.fredrogers.org/

Sinking Ship Entertainment is an award-winning production, distribution and interactive company specializing in family and kids' live action and CGI blended content. Since opening its doors in 2004, Sinking Ship has produced over 500 hours of content, and through their globally recognized in-house distribution division, has sold to over 200 countries internationally. In 2019 they set their sights on growth and launched a new animation series division. The company has rapidly earned a global reputation for high quality, groundbreaking original series and companion interactive experiences. Overall, Sinking Ship has won 17 Daytime Emmy® Awards and a variety of other international awards including Canadian Screen Awards, Youth Media Alliance Awards, Fan Chile Awards, Parents Choice Awards, the Shaw Rocket Prize, and the Prix Jeunesse International. In addition to production, Sinking Ship operates a cutting edge VFX and Interactive Studio, creating multi-platform digital experiences and interactive content for audiences around the world. The Toronto-based company is home to over 175 shipmates.

https://www.sinkingship.ca/home

# <u>COMMON SENSE MEDIA</u>: Your trusted guide for a fast-changing world.

Media and technology are at the center of kids' lives every day. From a very young age, kids use technology at home and at school to connect with friends and family and to document their lives and create digital content of their own. With more and more of life happening online, what catches kids' attention isn't always what's best for them, and what companies do with their personal information isn't always clear.

## Independent. Nonprofit. Research backed.

Since 2003, Common Sense has been the leading source of entertainment and technology recommendations for families and schools. Every day, millions of parents and educators trust Common Sense reviews and advice to help them navigate the digital world with their kids. Together with policymakers, industry leaders, and global media partners, we're building a digital world that works better for all kids, their families, and their communities.

## Healthy, happy kids—no matter what the future holds.

Our mission to ensure digital well-being for kids everywhere has never been more vital than it is today. <u>See our story</u>

https://www.commonsensemedia.org/

Article: Confused About Screen Time and Disinformation? You Aren't Alone. Today's many crises demonstrate why we desperately need media mentors. By LISA GUERNSEY https://slate.com/technology/2020/06/disinformation-screen-time-media-mentorslibrarians.html?fbclid=lwAR0gdF4FieuTZ3vpbc0m5YNzl90Fg8KlyfzdQLxGVgcCKf7fg9hB+ OXiG1E Article: <u>Agonizing Over Screen Time? Follow the Three C's.</u> By Erika R. Cheng and Tracey A. Wilkinson <u>https://www.nytimes.com/2020/04/13/parenting/manage-screen-time-coronavirus.html</u>

#### Article: **3-Smart ways to use screen time while Corona virus keeps kids at home**

https://theconversation.com/3-smart-ways-to-use-screen-time-while-coronavirus-keeps-kids-at-home-133896?fbclid=IwAR3NQ0j90y4-GKFq\_tkQX6\_MnrhVVyIshStJnOkIZZuSe1TaQYRP59g8KuE

Article: This article makes the point about cutting ourselves some slack. It also makes a point for both kids and adults, screens should be avoided before bedtime as the blue light and alertness/excitement interfere with sleep (tons of research support).

https://theconversation.com/parents-cut-yourself-some-slack-on-screen-time-limits-while-youre-stuckat-home-133904?fbclid=IwAR1Qkpj4mNxWoSNzWHxC4U1k3U1pmwiGReYm-8kjGi-xRvX9kf3aQXxrmeA

A website that Dr. Troseth thought might be helpful https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/AAP-Finding-Ways-to-Keep-Children-Occupied-During-These-Challenging-Times-.aspx